

May 2018



Dear AP Psychology Student,

Welcome to Advanced Placement Psychology! Over the next twelve months you will have the opportunity to develop each of your intellectual and academic skills in accordance with a comprehensive study of Psychology. You should be commended for your motivation to work at the advanced level and I consider it a great honor to be a part of your academic journey.

In order to cover the required course material in depth by the AP Exam (April 30, 2017 @ 12:00 p.m.), it is imperative that we begin immediately. Thus, over the summer, you will be required to complete several assignments regarding the first chapter of your text. Although the summer assignment packet may seem large, most of what is contained herein is solely meant to guide you in your quest to comprehend the material in your text.

If you should have any questions, need assistance with the material or feel overwhelmed, please email me at [jpereiro@psd202.org](mailto:jpereiro@psd202.org). I will do everything I can to help guide you through this rigorous yet rewarding course.

Good Luck,

Jon Pereiro

AP Psychology Teacher  
Plainfield Central High School  
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**Please read and carefully consider:**

AP Psychology is a college-level class in which you will be expected to do a great deal of independent reading and note-taking to prepare for class and understand material. You must be highly motivated and focused to do well in this class. If you are not prepared to work, consider whether or not you truly belong in this class. I will do everything in my power to ensure adequate preparation however your success or failure in this course is up to you. You are responsible for your own learning, or lack thereof. You can succeed and pass the AP exam if you put in the sustained effort.

# ADVANCED PLACEMENT PSYCHOLOGY

## *Summer Work Packet*

- **Summer Work Checklist:**

- 1. Chapter 1 Foundation Page: (25 Points)**

- The Foundation Page found on **Page 3 and 4** of this packet is a common document that we will use throughout the year to tackle each chapter. Your only assignment is to define the 25 vocabulary words included on this page.

- 2. Bernstein AP Psychology Textbook Reading:**

- Textbook Access found on **Page 5** of this packet.

- 3. Chapter 1 Exam: (50 Points)**

- This exam can be taken as an open note test. This will be a graded practice assignment.
- The exam can be found on **Page 6 through Page 13.**
- Please mark all answers on the answer sheet found on **Page 14.**

- 4. Assuming the Psychological Perspective: (30 Points)**

- Please turn to **Page 15** to learn more about this TED Talk viewing assignment.



# AP PSYCHOLOGY FOUNDATION PAGES

## Chapter 1: Introduction, History & Perspectives



### Learning Objectives

1. Define <b>psychology</b> . Explain the study of <b>positive psychology</b> . (See "The World of Psychology: An Overview.")	<b>Confidence</b> 0 5 10
2. Name the psychological subfields. Give examples of the questions and issues associated with each subfield. (See "Subfields of Psychology.")	<b>Confidence</b> 0 5 10
3. Explain why the field of psychology is unified, despite its many areas of specialization. Describe the linkages between psychology and other fields. (See "Linkages Within Psychology and Beyond.")	<b>Confidence</b> 0 5 10
4. Define <i>empiricism</i> and describe empirical research. (See "A Brief History of Psychology.")	<b>Confidence</b> 0 5 10
5. Compare the goals and beliefs of <i>structuralism</i> , <i>Gestalt psychologists</i> , <i>psychoanalysis</i> , <i>functionalism</i> , and <i>behaviorism</i> . Describe <i>introspection</i> and the <i>functional analysis</i> of behavior. (See "A Brief History of Psychology.")	<b>Confidence</b> 0 5 10
6. Compare and contrast the basic assumptions that define the six approaches to psychological phenomena: <b>biological</b> , <b>evolutionary</b> , <b>psychodynamic</b> , <b>behavioral</b> , <b>cognitive</b> , and <b>humanistic</b> . Define <i>eclectic</i> . (See "Approaches to the Science of Psychology.")	<b>Confidence</b> 0 5 10
7. Define and give examples of <i>sociocultural factors</i> . Explain why psychologists have become increasingly interested in the influence of <b>culture</b> on behavior and mental processes. Compare and contrast <i>individualist</i> and <i>collectivist cultures</i> . (See "Human Diversity and Psychology.")	<b>Confidence</b> 0 5 10

1. **Behavioral Approach**

7. **Community Psychologists**

2. **Biological Approach**

8. **Culture**

3. **Biological Psychologists**

9. **Developmental Psychologists**

4. **Clinical And Counseling Psychologists**

10. **Educational Psychologists**

5. **Cognitive Approach**

11. **Engineering Psychology**

6. **Cognitive Psychologists**

12. **Environmental Psychologists**

**13. Evolutionary Approach**

**24. Social Psychologists**

**14. Forensic Psychologists**

**25. Sport Psychologists**

**15. Health Psychologists**

**16. Humanistic Approach**

**17. Industrial/Organizational Psychologists**

**18. Personality Psychologists**

**19. Positive Psychology**

**20. Psychodynamic Approach**

**21. Psychology**

**22. Quantitative Psychologists**

**23. School Psychologists**

Name: \_\_\_\_\_

Period: \_\_\_\_\_

Date: \_\_\_\_\_

# Bernstein's *Psychology*



## Chapter 1 Textbook Access

You may access your Summer Work reading assignment through the PCHS AP Psychology Google Drive. This Cloud Storage site will be utilized throughout the year for a multitude of pertinent class material. Currently, scans of your Chapter 1 textbook reading have been uploaded.



To access the Drive, you may scan the QR code below, or type in the tiny URL below.



<http://tinyurl.com/p9t9xgm>

Name: \_\_\_\_\_ Period: \_\_\_\_\_

Date: \_\_\_\_\_



## AP PSYCHOLOGY CHAPTER 1 EXAM

- Psychology is best defined as the
  - search for the most successful treatment for people with emotional, cognitive, or neurological disorders.
  - use of scientific methods to study the elements of human consciousness.
  - study of the human experience from birth to old age.
  - science of behavior and mental processes.
  - study of how childhood experiences affect adulthood behavior.
- According to the textbook, all psychologists, regardless of their background or work setting, attempt to
  - diagnose and treat mental disorders.
  - separate psychology from other scientific disciplines.
  - combine sociological and psychiatric constructs.
  - apply their knowledge to the service of human welfare.
  - understand human determinism.
- Veronica's research focuses on dispositional optimism and the factors that lead to living a balanced and happy lifestyle. Veronica has dedicated her research to the study of \_\_\_\_\_ psychology.
  - dialectical
  - convergent
  - forensic
  - abnormal
  - positive
- According to the textbook, the study of positive psychology focuses on
  - correlations in which an increase in one factor leads to an increase in another.
  - what makes life worth living.
  - an individual's strengths, while ignoring any weaknesses.
  - what causes people to be similar to one another.
  - what causes the various mental illnesses.
- Experimental/cognitive psychologists are primarily interested in
  - what makes people unique.
  - studying and treating abnormal functioning.
  - describing and understanding the changes in behavior and mental processes that occur during a lifetime.
  - studying memory, thinking, learning, and other mental processes.
  - how childhood experiences affect adult behavior.
- Psychologists in which of the following subfields would be most interested in researching changes in human behavioral, emotional, and mental processes over time?
  - Social psychology
  - Personality psychology
  - Cognitive psychology
  - Human factors psychology
  - Developmental psychology
- The interiors of cars have been redesigned in recent years so that most of the controls can be operated without the hands of the driver leaving the steering wheel. These changes would most likely be made by a(n) \_\_\_\_\_ psychologist.
  - personality
  - engineering
  - social
  - developmental
  - community

Name: \_\_\_\_\_ Period: \_\_\_\_\_ Date: \_\_\_\_\_

8. Dr. Jamison is conducting a study examining the emotional and behavioral changes that occur during puberty. Dr. Jamison is especially interested in how these changes are associated with changes in hormones. The subfield of psychology Dr. Jamison seems to be interested in is \_\_\_\_\_ psychology.
- A) clinical
  - B) personality
  - C) biological
  - D) social
  - E) cognitive
9. Chandra has gathered data from several studies investigating the relative effects of heredity and environment on an individual's level of subjective well-being. Chandra uses various statistical methods on the data in hopes of finding significant results. Chandra must be a \_\_\_\_\_ psychologist.
- A) quantitative
  - B) human factors
  - C) forensic
  - D) cognitive
  - E) clinical
10. At the trial, the \_\_\_\_\_ psychologist testified that the defendant fit the profile for the crime committed.
- A) social
  - B) forensic
  - C) experimental
  - D) biological
  - E) educational
11. As an undergraduate psychology major, Carl has developed a strong desire to study behavior and mental processes, in particular human performance. During an internship at a local business, Carl is intrigued with how a manager's interpersonal style can affect the workers' motivation. The field of \_\_\_\_\_ psychology would be most applicable to Carl's interests.
- A) personality
  - B) industrial/organizational
  - C) cognitive
  - D) educational
  - E) community
12. "Group decision making: The role of the leader" would be a likely title for a research paper written by a(n) \_\_\_\_\_ psychologist.
- A) experimental
  - B) social
  - C) personality
  - D) clinical
  - E) school
13. J. B., a tennis player, finds it difficult to concentrate when playing against a higher ranked opponent. Whom should J. B. hire to help him focus his attention?
- A) A cognitive psychologist
  - B) A sport psychologist
  - C) An environmental psychologist
  - D) A personality psychologist
  - E) A developmental psychologist

Name: \_\_\_\_\_ Period: \_\_\_\_\_ Date: \_\_\_\_\_

14. Dr. Bashir meets with clients who are dealing with a range of psychological disorders. He discusses strategies for changing behaviors and thoughts and assists his clients in the process of overcoming their problems. Dr. Bashir most likely works in the \_\_\_\_\_ subfield of psychology.
- A) experimental
  - B) cognitive
  - C) personality
  - D) developmental
  - E) counseling
15. Whether a person attributes success or failure to external forces (such as luck) or to personal efforts would be of most interest to which subfield of psychology?
- A) Social
  - B) Personality
  - C) Biological
  - D) Quantitative
  - E) Experimental
16. To attempt to discover why some adolescents begin using drugs and alcohol, a social psychologist would most likely study the
- A) effects of peer pressure and the influence of role models, such as rock or movie stars, on adolescents' decision-making processes.
  - B) internal conflicts and struggles within substance-abusing adolescents.
  - C) chromosomal pattern of substance abusers, in search of a genetic predisposition to substance abuse.
  - D) personality profile of adolescents engaged in substance abuse.
  - E) the thoughts and processes of substance-abusing adolescents.
17. Dr. Branaman's study investigated the relationship between offices with large windows and workers' productivity. Dr. Branaman is most likely a(n) \_\_\_\_\_ psychologist.
- A) educational
  - B) counseling
  - C) environmental
  - D) community
  - E) personality
18. Dr. Cassidy researches how teachers can most effectively teach grammar principles to elementary school students. Dr. Cassidy's research is most appropriate for which subfield of psychology?
- A) Developmental
  - B) Social
  - C) School
  - D) Educational
  - E) Cognitive
19. Julene is applying to graduate school in psychology. She wants to study ways to test children so they can be placed into learning programs such as Special Education. Julene should apply to graduate programs that specialize in \_\_\_\_\_ psychology.
- A) developmental
  - B) school
  - C) human factors
  - D) cognitive
  - E) clinical
20. Brandi and Dustin are studying how stress and lack of exercise lead to illness. They want to use this information to aid in a campaign for maintaining a balanced lifestyle. Brandi and Dustin are interested in the field of \_\_\_\_\_ psychology.
- A) educational
  - B) community
  - C) health
  - D) cognitive
  - E) social



Name: \_\_\_\_\_ Period: \_\_\_\_\_ Date: \_\_\_\_\_

21. A paper entitled "Prevention is the answer: A clinical view" was probably written by a(n) \_\_\_\_\_ psychologist.
- A) personality
  - B) biological
  - C) social
  - D) experimental/cognitive
  - E) community
22. According to the textbook, psychology is linked with other disciplines for all the following reasons *except*
- A) a common commitment to science.
  - B) common interests in a broad topic.
  - C) that research and theory are applicable across disciplines.
  - D) disagreement within the discipline of psychology.
  - E) a common collaboration with specialists across disciplines.
23. Because of their increasing collaborations with geneticists, computer scientists, neurochemists, and neurophysiologists, it is possible that biological psychologists may soon be referred to as
- A) neuroscientists.
  - B) psychoneuroimmunologists.
  - C) neurons.
  - D) physiological psychologists.
  - E) biologists.
24. The shift from the behaviorism of Watson to the present-day focus on mental processing represents a return to studying \_\_\_\_\_.
- A) biological functioning
  - B) consciousness
  - C) the influences of the environment
  - D) the importance of heredity
  - E) effects of nature and nurture
25. Scientific psychology is empirical because it relies on information from
- A) subjective perspectives.
  - B) deductive reasoning.
  - C) reflection.
  - D) mathematical proofs.
  - E) research studies.
26. Psychologists gather information using an empirical approach, which means that they
- A) try to evaluate a theory.
  - B) gather and analyze information about a specific topic.
  - C) try to reject or accept hypotheses.
  - D) control or manipulate a variable.
  - E) use the speculative method.
27. The modern age of psychology began when
- A) Sigmund Freud first uttered the phrase, "Tell me about your dreams."
  - B) B.F. Skinner used shaping to teach birds to play ping pong.
  - C) Wilhelm Wundt established the first psychology research laboratory at the University of Leipzig.
  - D) Ivan Pavlov conditioned dogs to salivate at the tone of a bell.
  - E) Albert Bandura said that behavior is multiply determined.

Name: \_\_\_\_\_ Period: \_\_\_\_\_ Date: \_\_\_\_\_

28. If you were to study consciousness by having your friends use introspection and report the results to you, your research method would be most similar to that used by
- A) social psychologists.
  - B) functionalists.
  - C) psychoanalysts.
  - D) cognitive psychologists.
  - E) structuralists.
29. Introspection is:
- A) the process of observing your own mental processing.
  - B) the scientific study of sensory systems and perceptual processes.
  - C) the philosophical view that holds that we are the product of our experiences.
  - D) the first therapeutic technique developed by Edward Titchener.
  - E) the method Sigmund Freud used to expose unconscious impulses.
30. "The whole of conscious experience is not the same as the sum of its parts" is a belief proposed by which view of psychology?
- A) Gestalt
  - B) Psychodynamic
  - C) Behavioral
  - D) Humanist
  - E) Cognitive
31. You are marooned on a tropical island with a dangerous criminal. In your suitcase are four books written by psychologists. If you believe that the criminal's behavior was mostly the result of unconscious conflicts within his mind, which author should you choose to best elaborate on this idea?
- A) Sigmund Freud
  - B) William James
  - C) John Watson
  - D) Wilhelm Wundt
  - E) Jean Piaget
32. Function is to James as structure is to
- A) Watson.
  - B) Freud.
  - C) Piaget.
  - D) Titchener.
  - E) Rogers.
33. Roger and Amanda are attempting to define consciousness. "What is consciousness? What does consciousness consist of?" asks Roger. Amanda says, "I think it would be more helpful to think about the purpose of consciousness. For example, how does it help us adapt to our environment?" Roger takes a \_\_\_\_\_ approach to defining consciousness, while Amanda takes a \_\_\_\_\_ approach.
- A) structuralist; behavioral
  - B) behavioral; structuralist
  - C) functionalist; structuralist
  - D) structuralist; functionalist
  - E) behavioral; functionalist
34. The chapter in your textbook on consciousness would be of least interest to someone advocating
- A) functionalism.
  - B) behaviorism.
  - C) cognitive psychology.
  - D) structuralism.
  - E) psychoanalysis.

Name: \_\_\_\_\_ Period: \_\_\_\_\_ Date: \_\_\_\_\_

35. "Anything that cannot be observed and measured directly is not worth studying." Which psychologists are most likely to agree with this statement?
- A) Sigmund Freud and Erik Erikson
  - B) John B. Watson and B. F. Skinner
  - C) William James and Wilhelm Wundt
  - D) Jean Piaget and Lawrence Kohlberg
  - E) Abraham Maslow and Carl Rogers
36. In attempting to explain behavior, B. F. Skinner focuses on
- A) internal motivational variables.
  - B) self-image.
  - C) childhood experiences.
  - D) environmental stimuli.
  - E) emotional factors.
37. Within a scientific discipline, the focus of investigation is often cyclical in nature. In psychology, the cycle is represented by an emphasis on the study of \_\_\_\_\_ in the 1880s and on the study of \_\_\_\_\_ in the 1980s.
- A) overt behavior; physiological reactions
  - B) conscious experience; cognitive processes
  - C) perception; sensation
  - D) consciousness; overt behavior
  - E) perception; overt behavior
38. During lunch Tara says, "I am reading this book called *On The Origin of Species*, and the author has some really bizarre ideas about why we think and act as we do." Thom replies, "Yeah, I read that book. I liked the discussion on natural selection. It was written by
- A) Carl Rogers."
  - B) Wilhelm Wundt."
  - C) John B. Watson."
  - D) Charles Darwin."
  - E) B. F. Skinner."
39. Debi notices that her seven-year-old daughter often gives wrong answers before giving the right answers when playing word games. Debi suspects her daughter does this for several reasons; her brain is still forming, she has learned it will earn her attention, and her problem-solving skills are ever-changing. Debi's explanation reflects a(n) \_\_\_\_\_ approach to psychology.
- A) psychodynamic
  - B) cognitive
  - C) humanistic
  - D) eclectic
  - E) biological
40. Ogun was constantly fearful and tense. He went to a psychiatrist to receive treatment. Although Ogun expected to talk his problems over with the psychiatrist, the doctor only briefly talked to Ogun and prescribed a pill to help him relax. The doctor was treating Ogun with a \_\_\_\_\_ approach.
- A) biological
  - B) psychodynamic
  - C) behavioral
  - D) cognitive
  - E) humanistic

Name: \_\_\_\_\_ Period: \_\_\_\_\_ Date: \_\_\_\_\_

41. Sharya believes that people patterns of thoughts and judgments motivate them to behave in certain ways. Sharya's views are most consistent with the \_\_\_\_\_ approach to psychology.
- A) psychodynamic
  - B) evolutionary
  - C) cognitive
  - D) behavioral
  - E) humanistic
42. Aaron believes that drug abuse occurs because abusers produce more of certain brain chemicals and because they perceive drugs to be their salvation. Aaron advocates which two approaches in psychology?
- A) Psychodynamic and cognitive
  - B) Behavioral and biological
  - C) Behavioral and cognitive
  - D) Psychodynamic and behavioral
  - E) Biological and humanistic
43. Six-year-old Jean hits another child and steals the child's lunch money. A psychologist who takes a psychodynamic approach would suggest that Jean
- A) learned that hitting someone would result in a reward.
  - B) has an unconscious drive for aggression, causing her to act out.
  - C) asserted herself, an example of bettering herself as a person.
  - D) hit the child for food, an adaptive mechanism to survive.
  - E) has an imbalance of dopamine in her hypothalamus, causing heightened aggression towards others.
44. Adzure and Anton are identical twins, each born with a special ability. Adzure is able to dispense two aspirin from the bottle without any difficulty. Anton is able to find mates—easily and often. According to natural selection, if all other attributes are equal, who is more likely to survive, and why?
- A) Adzure; His ability is an example of a positive fixed action pattern.
  - B) Anton; His ability will increase his opportunities to pass on his genes.
  - C) Adzure; His ability will decrease his chances of falling ill.
  - D) Anton; his ability is an example of the contact hypothesis.
  - E) Neither will be more or less likely to survive.
45. When Sam meets with his psychologist, she explains that Sam has the ability to reach his full potential by understanding how his perceptions guide his actions. Which approach is Sam's psychologist taking?
- A) Psychodynamic
  - B) Cognitive
  - C) Humanistic
  - D) Evolutionary
  - E) Behavioral
46. An industrial/organizational psychologist doing cross-cultural work finds that in Country Alam the workers have the highest job satisfaction when they are rewarded for accomplishing more and better-quality work than their coworkers. Country Alam probably has a(n) \_\_\_\_\_ culture.
- A) individualist
  - B) communist
  - C) collectivist
  - D) democratic
  - E) dichotic
47. Which of the following beliefs would a collectivist society support?
- A) Personal effort leads to success.
  - B) Leadership skills are invaluable for personal achievement.
  - C) Multiple values such as realizing one's personal potential, meeting personal obligations to others, and identifying with one's cultural heritage are important.
  - D) Self-esteem is a direct function of one's ability to express unique aspects of one's self to others.
  - E) Restraining one's self to be part of a social unit is good.

Name: \_\_\_\_\_ Period: \_\_\_\_\_

Date: \_\_\_\_\_

48. Which of the following is not a sociocultural factor in human behavior?

- A) Smile recognition
- B) Gender
- C) Ethnicity
- D) Social class
- E) Age

49. For which of the following research questions would it be least important to consider sociocultural variables?

- A) How do intimate relationships develop?
- B) What factors influence parenting style?
- C) Do people instinctually follow rules for social interaction?
- D) What factors influence the length of time allowed for grieving about the death of a loved one?
- E) How close do people stand during a conversation?

50. Italian-Americans living in New York could be said to represent a \_\_\_\_\_ within the \_\_\_\_\_ United States.

- A) subculture; collectivist
- B) cross-culture; individualist
- C) collectivist culture; monocultural
- D) individualist culture; collectivist
- E) subculture; multicultural

Name: \_\_\_\_\_

Period: \_\_\_\_\_

Date: \_\_\_\_\_

## AP Psychology

### Chapter 1 P Assessment Answer Sheet

1. A B C D E

2. A B C D E

3. A B C D E

4. A B C D E

5. A B C D E

6. A B C D E

7. A B C D E

8. A B C D E

9. A B C D E

10. A B C D E

11. A B C D E

12. A B C D E

13. A B C D E

14. A B C D E

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34. A B C D E

35. A B C D E

36. A B C D E

37. A B C D E

38. A B C D E

39. A B C D E

40. A B C D E

41. A B C D E

42. A B C D E

43. A B C D E

44. A B C D E

45. A B C D E

46. A B C D E

47. A B C D E

48. A B C D E

49. A B C D E








50. A B C D E

# Assuming the Psychological Perspective



## TED Talk Viewing

Studying Psychology requires a change in mind-set, a change in perspective in order to see how mental processes and experiences combine to influence behavior. To help with this change in mindset, you will have the chance to view TWO TED Talks chosen from the list below. A ½ page, single spaced typed response to your chosen videos will need to be included to receive full points for this assignment. Your response is open ended, however you must illustrate that you are beginning to understand the Psychological mindset!

<b>1. Allan Jones – A Map of the Mind</b> <a href="http://www.ted.com/talks/allan_jones_a_map_of_the_brain?language=en">http://www.ted.com/talks/allan_jones_a_map_of_the_brain?language=en</a>	
<b>2. Ben Ambridge – Top Ten Myths of Psychology</b> <a href="http://www.ted.com/talks/ben_ambridge_10_myths_about_psychology_debunked?language=en">http://www.ted.com/talks/ben_ambridge_10_myths_about_psychology_debunked?language=en</a>	
<b>3. Dan Ariely – Our Moral Code</b> <a href="https://www.ted.com/talks/dan_ariely_on_our_buggy_moral_code">https://www.ted.com/talks/dan_ariely_on_our_buggy_moral_code</a>	
<b>4. Dan Wolpert – The Real Reason for Brains</b> <a href="http://www.ted.com/talks/daniel_wolpert_the_real_reason_for_brains?language=en">http://www.ted.com/talks/daniel_wolpert_the_real_reason_for_brains?language=en</a>	
<b>5. Dan Gilbert – The Science of Happiness</b> <a href="https://www.ted.com/talks/dan_gilbert_asks_why_are_we_happy">https://www.ted.com/talks/dan_gilbert_asks_why_are_we_happy</a>	
<b>6. Elizabeth Loftus – How Reliable is Your Memory?</b> <a href="http://www.ted.com/talks/elizabeth_loftus_the_fiction_of_memory?language=en">http://www.ted.com/talks/elizabeth_loftus_the_fiction_of_memory?language=en</a>	
<b>7. Philip Zimbardo – The Psychology of Evil</b> <a href="http://www.ted.com/talks/philip_zimbardo_on_the_psychology_of_evil?language=en">http://www.ted.com/talks/philip_zimbardo_on_the_psychology_of_evil?language=en</a>	
<b>8. Thomas Insel – Toward a New Understanding of Mental Illness</b> <a href="http://www.ted.com/talks/thomas_insel_toward_a_new_understanding_of_mental_illness?language=en">http://www.ted.com/talks/thomas_insel_toward_a_new_understanding_of_mental_illness?language=en</a>	