

Health Related Links

<p align="center">A.A.H.P.E.R.D. American Alliance of Health, Physical Education, Recreation, and Dance</p>	<p align="center">http://www.aahperd.org/</p>
<p align="center">American Cancer Society</p>	<p align="center">http://www.cancer.org/</p>
<p align="center">American Heart Association</p>	<p align="center">http://www.amhrt.org/</p>
<p align="center">American College of Sports Medicine</p>	<p align="center">http://www.acsm.org</p>
<p align="center">Carl Pfeiffer Treatment Center Informational site on treating behavioral and mental disorders, such as depression with nutritional therapy based on biochemistry imbalances. Excellent reputation for research and treatment.</p>	<p align="center">http://www.hriptc.org</p>
<p align="center">Center for Disease Control Excellent site for information on health, and disease. Up to date health advisories.</p>	<p align="center">http://www.cdc.gov/</p>
<p align="center">Health First Corporation Electronic Health Assessment Equipment</p>	<p align="center">http://www.healthfirstusa.com</p>
<p align="center">The Healthy Heart Program</p>	<p align="center">http://www.healthyheart.org</p>
<p align="center">Healthy People 2010 National agenda to promote a healthy society.</p>	<p align="center">http://web.health.gov/healthypeople/</p>
<p align="center">I.A.H.P.E.R.D. Illinois Association of Health, Physical Education, Recreation, and Dance</p>	<p align="center">http://www.iahperd.org</p>
<p align="center">National Institutes of Health</p>	<p align="center">http://www.nih.gov/</p>
<p align="center">PE Central</p>	<p align="center">http://pe.central.vt.edu/</p>
<p align="center">Polar Heart Rate Monitors Monitors used in physical education classes at PHS</p>	<p align="center">http://www.polarheartmonitors.com</p>
<p align="center">Tufts Nutrition Navigator - Tufts University</p>	<p align="center">http://www.navigator.tufts.edu</p>
<p align="center">Weight Control Information Network</p>	<p align="center">http://www.niddk.nih.gov</p>

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<http://www.medsite.com>