

Communication Notes:

Name: _____ Per. _____

_____% of how we communicate is non-verbal!

Communication is not _____ but what the listener understands/ _____ say!

What do you see?

- #1 _____
- #2 _____
- #3 _____
- #4 _____
- #5 _____

Take aways on Perception:

4 ways to improve communication:

Helpful conversation starters:

Active Listening Do's and Don'ts:

Do's:	Don'ts:

Application Notes: