

Journal : Arguments

Who do you get in arguments with?

Do you react differently in

arguments with parents than you

do with friends/significant others?

Describe your last “fight” you had

with someone? Do you tend to

bottle things up until you explode,

or do you bluntly say what you feel

at the moment you feel it? Is this a

good thing or a bad thing in your

opinion? How do you make up

with these people? Who do you go

to for support when you get in a fight with someone- who listens to you? How can you make the phrase “We can agree to disagree” work in your own life? Have you ever had a disagreement with someone that you were never able to make amends? Explain.